

METHODE CLARIFIANTE

SYNERGETIC SKIN CARE FOR OILY, IMPURE SKIN



METHODE CLARIFIANTE

CLAIR DE TEINT CLARIFIANT

INTENSIVELY CLEANSING GEL FOR FACIAL CLEANSING

ACTIVE INGREDIENTS

- Mild surfactant with sebum-reducing properties (Disodium Capryloyl Glutamate)
- Sodium salts of lactic acid and gluconic acid as components of the skin's own NMFs (Natural Moisturizing Factors)
- Complex of natural essential oils with skin-clarifying properties

EFFECT

Mild cleansing for oily skin

- A mild surfactant results in particularly thorough skin cleansing. Reduces sebum production, and is yet mild to the skin. The skin is protected from dehydration and irritation.

Protects the skin's moisture reserves

- The sodium salts of lactic acid and gluconic acid are components of the skin's own NMFs. They improve the skin's moisture binding, and thus prevent dehydration while you cleanse the face. This thus improves the tolerance of the cleansing gel.

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

PRODUCT TYPE:

Liquid gel

RETAIL PRODUCT:

Bottle 250 ml

SALON PRODUCT:

Bottle 500 ml

CLAIR DE TEINT CLARIFIANT

CONSULTATION

- Mild yet thorough skin cleansing
- Protects the skin's moisture reserves without causing dehydration
- Ideal for oily, blemished skin

APPLICATION

- Apply every morning and evening
- Lather up the cleansing gel with water in the palms
- Apply to face and neck
- Rinse with water



METHODE CLARIFIANTE

VISALIX CLARIFIANT

SKIN-CLARIFYING TONER

ACTIVE INGREDIENTS

- Active ingredient complex of cypress, horsetail, St John's wort, thyme and witch hazel
- Sodium salts of lactic acid and gluconic acid as components of the skin's own NMFs (Natural Moisturizing Factors)
- Arginine (amino acid)
- Natural essential oils as a scent with skin-clarifying properties

EFFECT

Active ingredient complex of cypress, horsetail, St John's wort, thyme and witch hazel

- Selected plant extracts specially for the particularly difficult to treat skin type of oily, blemished skin that is frequently also damaged and has extremely sensitive reactions.
- Extract of cypress leaves has cleansing and astringent properties, and also acts as a radical trap.
- Horsetail supports the skin firmness and elasticity of the skin surface, and also strengthens damaged skin.
- The blossoms of St John's wort are known for their softening and regenerative properties. Ideal for sensitive, damaged or irritated skin. The oil of St John's wort moisturises and features restructuring properties. It is also known for its clarifying properties on oily, blemished skin.
- Thyme blossoms feature astringent, antioxidant and cleansing properties.
- Witch hazel extract features cleansing and astringent properties.

Protects the skin's moisture reserves

- The sodium salts of lactic acid and gluconic acid are components of the skin's own NMFs. They improve the skin's moisture binding, and thus prevent dehydration while you tone the skin after cleansing the face.

PRODUCT TYPE:

Hydrolotion

RETAIL PRODUCT:

Bottle 100 ml

SALON PRODUCT:

Bottle 500 ml

VISALIX CLARIFIANT

Moisture and repair effect for the skin

- The amino acid arginine is hypoallergenic, maintains the skin's own moisture, activates the cells and repairs the skin.

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

CONSULTATION

- For clean and clear skin and an even complexion
- Acts as an astringent, and also strengthens the skin's structure
- Also ideal for sensitive skin that frequently occurs in conjunction with blemishes
- Protects the skin's moisture reserves without causing dehydration

APPLICATION

- Every morning and evening, soak a cotton pad in *Visalix Clarifiant* and dab on to the face after cleansing the face with *Clair de Teint Clarifiant*.
- Pay special attention to areas with large pores, as well as areas that are prone to blackheads.
- TIP: Place a cotton wool compress soaked in *Visalix Clarifiant* on to areas of skin with large pores or where blackhead extractions have been performed, and leave on for five minutes. Repeat twice a week.



METHODE CLARIFIANTE

LOTION DESINCRUSTANTE

LOTION FOR DEEP CLEANSING OILY SKIN AND
BLOCKED PORES

ACTIVE INGREDIENTS

- Salicylic acid from willow bark
- Plant glycerine
- Alcohol
- Complex of natural essential oils with skin-clarifying properties

EFFECT

Thorough deep cleansing of the pores

- Salicylic acid is a beta hydroxy acid. It boosts the desquamation of the external skin cell layer (stratum corneum) and loosens the sebum in the pores (blackheads). Used over a longer period of time, the stubborn blackheads are softened and extreme cornifications are reduced.

Intensive clarification of the skin

- Alcohol clarifies the skin surface, and prevents inflammation on areas where extractions have been performed.

Moisture in the skin

- Plant glycerine maintains the moisture in the skin, and ensures that the skin doesn't feel dry.

Natural essential oils as a scent with skin-clarifying properties

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PRODUCT TYPE:
Hydroalcoholic lotion

RETAIL PRODUCT:
Bottle 100 ml
SALON PRODUCT:
Bottle 500 ml

LOTION DESINCRUSTANTE

CONSULTATION

- Special deep cleansing for oily skin and blocked pores with a clarifying effect
- Do not use around the eyes
- The skin looks cleaner and clearer
- Loosens blackheads and makes them easier to extract
- More effective and gentler than the application of cleansing brushes as it also reduces inflammation
- As sebum and dead skin cells constantly accumulate on the facial skin, the complexion is often blemished and a liquid scrub is ideal for a fast application to the T-zone. The skin looks instantly more radiant and fresher.
- Can also be used for rough sand paper skin with little red bumps (keratosis pilaris) on the upper arms or the legs

APPLICATION

- Generously apply *Lotion Desincrustante* to a cotton pad, rub the affected areas of the skin with it and then thoroughly cleanse the skin with *Clair de Teint Clarifiant*.
- For blocked pores: 2-3 times a week, leave a soaked cotton pad on the affected areas of skin for about 5 - 10 minutes as a compress. Then thoroughly cleanse with *Clair de Teint Clarifiant*.
- *Lotion Desincrustante* can also be used as an express cleanser during the day, e.g. after sports to combat oily shine.
- Depending on your skin type, apply every morning and evening.
- Also apply to the décolleté or back if the skin is prone to blemishes.



METHODE CLARIFIANTE

PURETE CLARIFIANTE

MOISTURISING FACE CARE FOR OILY, BLEMISHED SKIN

ACTIVE INGREDIENTS

- Garcinia Mangostana Peel Extract (mangosteen extract)
- Malachite extract
- Cell and DNA protection complex of rice extract (Ethyl Ferulate) and rosemary extract
- NMF complex (Natural Moisturizing Factors)
- Liquorice extract
- Complex of natural essential oils with skin-clarifying properties

EFFECT

Intensively skin-calming and anti-inflammatory

- Extract of the peel of the mangosteen fruit is extremely rich in natural antioxidants such as xanthenes and polyphenols. This enables it to suppress inflammatory reactions, and thus calm the skin. This makes mangosteen an effective active ingredient for blotchy skin. In addition, mangosteen combats Propionibacterium acnes. Clinical studies in women with blemished skin have proven that mangosteen leads to a significant improvement of the skin condition.

Effective radical trap and collagen synthesis

- Since ancient times, malachite has been a revered gemstone and a natural source of the essential trace element copper. The special properties of the malachite extract used in this product include its ability to neutralise the superoxide radical, and thus become active in the first stage of the inflammatory process caused by radicals. In addition, malachite extract is also capable of regenerating the body's own antioxidant glutathione, and thus strengthening its own defences against inflammatory processes.

Natural antioxidant as cell and DNA protection and for stabilising the skin

- The combination of rice and rosemary extract acts as a cell-active radical trap that protects the cell from oxidative stress. The natural antioxidant has a cell-activating multiple effect and boosts rapid regeneration from cell and DNA damage. The skin is calmed and stabilised.

PRODUCT TYPE:

Biomimetic
oil in water emulsion

RETAIL PRODUCT:

Pot 50 ml

SALON PRODUCT:

Dispenser 200 ml

PURETE CLARIFIANTE

Natural moisturising factors thanks to the mixture of salts, amino acids and urea

- Boosts the skin's metabolism, and stabilises the moisture in the skin.

Skin-calming effect

- Liquorice root extract relaxes and calms the skin.

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

CONSULTATION

- The face care is anti-inflammatory and skin-calming.
- The skin becomes cleaner and clearer, and the complexion looks fresh, calm and relaxed.
- The skin is supplied with moisture, and also protected against damaging external influences. It is perfectly moisturised and not subject to dehydration.

APPLICATION

- Apply the face care after cleansing and toning in the morning and evening to the face and other affected areas of skin such as décolleté and back.
- Make-up can be applied afterwards.



METHODE CLARIFIANTE

LIKOPAN GEL

ANTI-BLEMISH GEL FOR BLEMISHED SKIN

ACTIVE INGREDIENTS

- Garcinia Mangostana Peel Extract (mangosteen extract)
- Natural essential oils with skin-clarifying properties

EFFECT

Intensively skin-calming and anti-inflammatory

- Mangosteen is known for its high content of bioactive substances such as tannin, flavonoids and polyphenols, and acts as an antioxidant. Its skin-clarifying and calming properties have been proven in numerous in vivo and in vitro efficacy studies. After just a few hours, the skin looks calmer and more relaxed, and inflammation is visibly reduced.

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

PRODUCT TYPE:

Hydrogel

RETAIL PRODUCT:

Tube 15 ml

SALON PRODUCT:

Tube 15 ml

LIKOPAN GEL

CONSULTATION

- *Likopan Gel* applies an invisible film to the inflamed area of skin
- Rapidly clarifies and calms the skin
- Inflammations are visibly reduced, and heal faster
- Pimples and pustules soon disappear
- Preventative care for inflammatory blemishes
- Also recommended for applying to ingrown beard hairs
- Can be used to prevent inflammation after facial hair removal

APPLICATION

- After cleansing and toning the face, apply the gel to the affected area of skin and allow to dry. Do not rinse.
- Repeat application until the blemish has disappeared.
- Can also be applied as preventative care to skin areas that are prone to pimples



METHODE CLARIFIANTE

MASQUE PEELING

GENTLE, SKIN-REFINING EXFOLIATING MASK

ACTIVE INGREDIENTS

- Silica gel of a natural origin (no microplastic)
- Natural essential oils with skin-clarifying properties

EFFECT

Gentle mechanical scrub

- Perfectly rounded, natural exfoliating particles in a gentle texture cleanse the skin of surplus horny scales, and instantly smoothes it. The particularly small, round exfoliating particles ensure a gentle application, and are thus also suitable for sensitive skin. The gentle texture maintains the skin's moisture, and the complexion looks soft, fresh and clear.

The cream-gel scrub is applied to the skin by rubbing, and is ideal for all skin types that prefer a noticeable exfoliating effect with rounded off exfoliating particles so that you can individually decide for each skin condition which areas need the most exfoliation. For instance, you can just apply the scrub to the T-zone and /or the chin area, which are usually the problem skin zones.

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

PRODUCT TYPE:

Biomimetic
oil in water emulsion

RETAIL PRODUCT:

Tube 75 ml

SALON PRODUCT:

Dispenser 200 ml

MASQUE PEELING

CONSULTATION

- Dry, dead skin cells can be found on every skin. That is why regular exfoliation for the respective skin type is recommended. Care products are better absorbed by the skin, and the skin simply looks more beautiful thanks to regular exfoliation.
- Mechanical cleansing of the skin right down to the pores
- Surplus horny scales are gently removed
- A visibly smoother, softer and fresher complexion
- Application can be limited to affected areas of skin (e.g. the T-zone)
- Suitable for all skin types

APPLICATION

- With circular motions, distribute on to the previously cleansed face with the fingertips.
- TIP: Apply a layer 1-2 mm thick to face, neck and décolleté. Leave out the eye area. Leave moisture mask on for a few minutes before peeling it off.
- Application can also be limited to certain areas of skin.
- Massage for 1-2 minutes.
- Then remove *Masque Peeling* with a cosmetic sponge and warm water.
- For radiant skin: Apply in alternation with the liquid scrub *Lotion Desincrustante* or *Peeling Enzymatique*.



METHODE CLARIFIANTE

MASQUE CLARIFIANT

SKIN-CLARIFYING CLEANSING MASK

ACTIVE INGREDIENTS

- Kaolin
- Bisabolol
- Jojoba oil (Simmondsia Chinensis Seed Oil - conditioning fatty acid composition)
- Natural essential oils with skin-clarifying properties

EFFECT

Sebum regulation

- Kaolin, fine white clay, absorbs and regulates surplus sebum in the skin. Combined with jojoba oil, it is not dehydrating, and is also ideal for sensitive skin.

Skin soothing

- Bisabolol, camomile oil, calms the skin and reduces skin irritations that are particularly common in blemished skin.

Care

- The liquid wax of the nut-like seeds of the jojoba bush is rich in vitamins, and particularly rapidly absorbed by the skin without oiliness and without leaving an oily film. It mainly consists of long-chain fatty acids, which do not occur in this form in other plants. Thanks to its special structure, it is very effectively integrated in the skin's barrier layer. This gently processed jojoba oil is anti-inflammatory, calming and offers reliable protection from moisture loss. It supports the care of sensitive and inflamed skin.

PRODUCT TYPE:

Biomimetic
oil in water emulsion

RETAIL PRODUCT:

Tube 75 ml

SALON PRODUCT:

Dispenser 200 ml

MASQUE CLARIFIANT

Natural essential oils as a scent with skin-clarifying properties

- The anti-inflammatory properties of lavender, lemon oil, pine needle oil, amyris, patchouli and cardamom oil are well-known in aromatherapy. These are supplemented by the antibacterial and cleansing properties of geranium, grapefruit and orange oil. Sandalwood is used for oily, blemished skin. Natural menthol is cooling, litsea oil is toning.

CONSULTATION

- Regulates the skin's sebum production
- Calms the skin and soothes skin irritation
- The skin looks radiantly fresh and clear

APPLICATION

- Apply a 1-2 mm thick layer on to previously cleansed skin
- Shortly before it completely dries on to the face, remove the mask with plenty of water and cosmetic sponges.
- Apply the mask every second or third day.
- Apply the mask daily to blemishes on the décolleté or back, and leave on overnight.



LA BIOSTHETIQUE®
MARCEL CONTIER

Méthode
Clarifiante

SKIN CARE
Clarifying Aroma
Complex

10 ml e 0.33 fl.oz.

CLARIFYING AROMA COMPLEX

The aromatically scented complex of selected essential oils has a clarifying effect on the skin and senses. The complexion of oily, blemished skin appears balanced and visibly clearer.

Skin and psyche are holistically connected. If there is chaos in the mind, this can manifest itself in the form of irritation and impurities in the skin. With the concentrated power of selected plants, the *Clarifying Aroma Complex* provides soothing balance. Essences from citrus plants and flowers have a detoxifying and clarifying effect. They help the skin to regain its healthy balance. The essential oils of lemon, orange and bergamot purify oily and blemished skin. Along

with the skin, the mind also benefits from their revitalising and invigorating effect. Damask rose and Roman chamomile soothe and restore balance. Thanks to the special properties of its naturally pure components, the aromatic oil has a positive effect on skin-renewing processes and a clear, pure complexion. The ideal way to round off the *Méthode Clarifiante* skin care routine!

PRODUCT TYPE
Flavour Complex

RETAIL PRODUCT
Bottle, 10 ml

SALON PRODUCT
Bottle, 10 ml

Ingredients

- *Rosa Damascena Flower Extract* (extract from Damask rose blossoms): has a calming, invigorating and balancing effect, strengthens inner balance.
- *Citrus Limon (Lemon) Peel Oil*: has an antibacterial effect, clarifies and purifies oily skin. The high vitamin C content revitalises, strengthens and protects the skin. The fragrance has a mood-enhancing effect.
- *Citrus Aurantium Dulcis (Orange) Peel Oil*: has a regenerating, strengthening and nourishing effect.
- *Citrus Aurantium Bergamia (Bergamot) Fruit Oil*: detoxifies, nourishes, renews the skin and helps to reduce stress.
- *Anthemis Nobilis Flower Oil* (Roman chamomile flower oil): has an antiseptic and antibacterial effect, soothes acne and eczema and relieves stress.
- *Natural fatty acid ester*: is quickly absorbed by the skin and leaves no greasy shine.

Application

Aroma Complex for energising the facial skin. Apply 2–3 drops to the facial skin daily or several times a week after cleansing and massage in gently with the fingertips. Can also be applied selectively to energy points on the face.

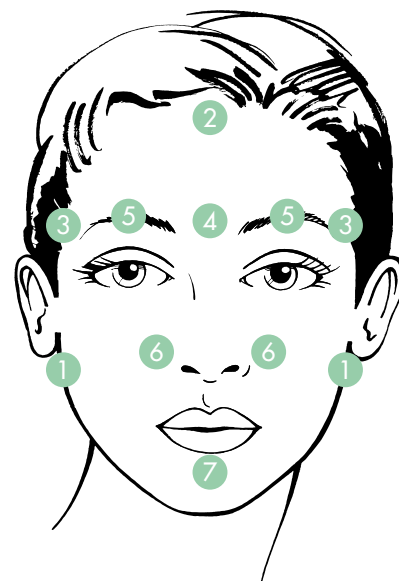
The *Clarifying Aroma Complex* can be combined with all *Méthode Clarifiante* skin care products.

Tip

Drawing for the energy points on the face

- 1 under the earlobe
- 2 centre of forehead at the hairline
- 3 right and left temples
- 4 between the eyebrows (third eye)
- 5 in the centre of the eyebrows, above the pupils
- 6 to the right and left of the nose wings
- 7 chin groove

When massaging these points, apply 1 drop of *Aroma Complex* to each and stimulate the points with gentle pressure.



CLARIFYING AROMA COMPLEX

Consultation

- *Clarifying Aroma Complex has a holistic clarifying and balancing effect, both on the facial skin and on the psyche.*
- *Effect on the psyche when inhaled: can help to calm nerves, become more relaxed and promote inner peace, has a stress-relieving effect.*
- *La Biothétique Aroma Complex products are the ideal complement to daily skin care rituals and enhance them with their holistic effect.*
- *The ready-to-use flavour oils are economical to use and easy to apply.*
- *The essential oils contained can also be used on the skin in the recommended dosage during pregnancy.*

Clarifying aroma complex.



LA BIOSTHETIQUE®
MARCEL CONTIER

Méthode
Clarifiante

SKIN CARE

**Clarifying Aroma
Concentrate**

Concentré aromatique clarifiant

Hautklärendes
Aromakonzentrat

30 ml e 1.01 fl.oz.

CLARIFYING AROMA CONCENTRATE

The aromatically scented concentrate made from selected essential oils has a clarifying effect on the skin and soul. The complexion of oily, blemished skin appears balanced and visibly clearer.

Skin and psyche are holistically connected. If there is chaos in the mind or hormonal balance, this can manifest itself in the form of irritation and impurities in the skin. With the essential power of selected plants, the *Clarifying Aroma Concentrate* provides soothing balance. Essences from citrus plants and flowers have a detoxifying and clarifying effect. They help the skin to regain its healthy balance. The essential oils of lemon, orange and bergamot purify oily and blem-

ished skin. Their revitalising and invigorating effect not only benefits the skin, but also the soul. Damask rose and Roman chamomile have a calming and invigorating effect. Thanks to the special properties of its naturally pure components, the aromatic oil has a positive effect on skin-renewing processes and a clear, pure complexion. The ideal way to round off the *Méthode Clarifiante* skin care routine!

PRODUCT TYPE
Flavour concentrate

RETAIL PRODUCT
Bottle, 30 ml

SALON PRODUCT
Bottle, 30 ml

Ingredients

- *Rosa Damascena Flower Extract* (extract from Damask rose blossoms): has a calming, invigorating and balancing effect, strengthens inner balance.
- *Citrus Limon (Lemon) Peel Oil*: has an antibacterial effect, clarifies and purifies oily skin. The high vitamin C content revitalises, strengthens and protects the skin. The fragrance has a mood-enhancing effect.
- *Citrus Aurantium Dulcis (Orange) Peel Oil*: has a regenerating, strengthening and nourishing effect.
- *Citrus Aurantium Bergamia (Bergamot) Fruit Oil*: detoxifies, nourishes, renews the skin and helps to reduce stress.
- *Anthemis Nobilis Flower Oil* (Roman chamomile flower oil): has an antiseptic and antibacterial effect, soothes acne and eczema and relieves stress.

Application

Professional application of *Clarifying Aroma Concentrate*:

Zapel's application:

- Mix 50 ml of water with 1–3 drops of *Aroma Concentrate*, soak Zapel's and apply to specific areas of skin.

Facial sauna:

- Mix approx. 300 ml of warm water with 1–5 drops of *Aroma Concentrate*, dip in a compress cloth, wring out, place on the face and allow the customer to inhale deeply.

Aroma ritual:

- Mix 10 ml of water with 1 drop of *Aroma Concentrate*, dip your middle finger into the solution and press on certain energy points on your face.

Scalp Ritual:

- Mix 10 ml of water with 1 drop of *Aroma Concentrate*, dip your middle finger into the solution and apply to the highest point of the head and massage the scalp.

Aroma mask with Isobios Gel:

- Mix 30 ml *Isobios Gel* with 1–3 drops of *Aroma Concentrate*. Apply the gel mask to the face, leave on for approx. 10 minutes, then remove with a damp cleansing sponge.

The *Clarifying Aroma Concentrate* can be combined with all *Méthode Clarifiante* skin care products.

Application for home use

Application on the face:

- Mix approx. 500 ml of warm water with 1–5 drops of *Aroma Concentrate*, dip in a compress cloth, wring out, apply to the face and inhale deeply.

Use as a foot bath:

- Mix approx. 5 litres of warm water with 5–20 drops of *Aroma Concentrate*. Soak your feet in it for 10–15 minutes.

Use as a room spray:

- Mix 500 ml of water with 1–10 drops of *Aroma Concentrate*.

Tip

Aroma socks:

- Mix 100 ml of warm water with 2–6 drops of *Aroma Concentrate*. Immerse the towelling socks, wring out well and pull over the feet. Wrap quickly with a dry towel and keep your feet warm.

Chest compress to support breathing:

- Mix 200 ml of warm water with 2–6 drops of *Aroma Concentrate*. Immerse the compress cloth, wring out well and place on the chest. Breathe in deeply.

Note

- Always use *Aroma Concentrate* in diluted form to avoid skin reactions.
- Always use very sparingly.
- Store away from light, in a cool and childproof place.
- Avoid contact with eyes and mucous membranes.

CLARIFYING AROMA CONCENTRATE

Consultation

- *Clarifying Aroma Concentrate has a holistic clarifying and balancing effect, both on the facial skin and on the psyche.*
- *As a facial application, the aromatic oil ensures a fresh, clear complexion.*
- *La Biothétique Aroma Concentrates are the ideal complement to facial treatments and enhance them with their holistic effect.*
- *The concentrated aromatic oils are economical to use as they are diluted with water.*
- *The essential oils contained can also be applied to the skin in diluted form in the recommended dosage during pregnancy.*

Clear mind, clear complexion.